

142 QUICK REFERENCE HANDOUT – KEEP ON YOUR FRIDGE FOR EASY ACCESS

Cadet Responsibilities:

The aim of the cadet programme is to teach responsibility and self-reliance. With this in mind, each cadet is responsible for the following:

- To ask questions and know what is required each night. Your Flight Commander and 2IC are the first place you should go with ANY questions. They will direct you to the correct location. Parents should not be dealing with cadet problems or Officers.
- To follow the chain of command (listed on reverse side).
- To be on time to arrive and leave from events. Notify supervising staff before leaving.
- To be prepared to learn: bring a notebook and pen or pencil to every event.
- To take care of your valuables. If you can't keep track of your things, don't bring them to cadets!
- To maintain and wear the uniform in accordance with CATO 55-04 (can be found on the website).

Thursday Night Schedule:

18:15	NCO Fall-In
18:30	Squadron Fall-In (attendance + uniform inspection)
18:50	Opening Parade
19:00-19:30	Period 1 Training
19:35-20:05	Period 2 Training
20:05-20:20	Break (canteen open)
20:20-20:50	Period 3 Training
21:00	CO Arrives for Closing Parade (announcements, parents welcome)
21:30	Clean Up & Departure

Weekly Schedule:

Monday - Flag Party, Drill Team, Band, Sports - Optional Training

Tuesday - Flying Scholarship, Range - Optional Training

Thursday - Regular Parade - Mandatory Training

Mandatory Activities:

These activities are required participation for all cadets in order to pass your level and to be eligible for promotions, trips, and summer training. Minimum participation is listed, but cadets can attend more!

- Thursday night training including Fitness Testing
- Tagging - attend a minimum of 4 shifts in fall and 4 in spring
- Lottery tickets - sell a minimum of 2 books by January
- Remembrance Day - participate in a minimum 1 ceremony
- Field Training Exercise - attend both fall and spring weekends
- Mess Dinner
- Aviation Day
- Community Service days - attend a minimum of 1 event
- Awards Reception - attend to receive awards and promotions
- Annual Ceremonial Review (ACR)

Addresses:

Mimico Adult Learning Centre (MALC) - Regular Thursday Parade Night

255 Royal York Road

Fort York Armoury (FYA) - Weekly Optional Training and additional training

660 Fleet Street

Legion Branch 643 - Tagging and Poppy location and Occasional Optional Training

110 Jutland Road

John English Middle School (JEMS) - Occasional Optional Training

95 Mimico Avenue

Contact Information:

Flight Commander (IC): _____

Phone Number: _____ Alternate Phone Number: _____

Email Address: _____

Other: _____

Flight Second in Command (2IC): _____

Phone Number: _____ Alternate Phone Number: _____

Email Address: _____

Other: _____

Attendance:

- Important for promotions, level training, summer training selections and awards.
- If you are going to be late or absent, fill out the **EXCUSED ABSENCE** form on the website.
- Ensure you have been marked present on the attendance every week by your Flight Commander.
- If you are going to miss a Field Training Exercise (FTX), the Mess Dinner, Annual or tagging you must submit a written letter from your parent/guardian to the Commanding Officer.

How to sign up for activities:

- Both mandatory and optional activities will have a signup sheet online.
- At break and the end of each parade night there will be a computer set up near the office to access sign-up sheets or they can be found on the website.
- Failure to sign up may result in the squadron not having appropriate amount of food or supplies for you and could result in you not completing that training.
- **IF YOU SIGN UP, YOU ARE EXPECTED TO SHOW UP!** Failure to do so will result in a meeting with the CO and may restrict you from future events or result in monetary repercussions.

Other contact info:

Website - 142sqn.ca – www.142sqn.ca/calendar

Private Facebook page – <https://www.facebook.com/groups/144546515954472/>

Summer training Officer – summer@142sqn.ca

General Squadron email – 142Air@cadets.gc.ca

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Uniforms:

Recruits or Other Cadets with Incomplete Uniform:

- Ironed, white dress shirt
- Black or navy blue dress pants
- Black shoes
- Black tie

Uniformed Cadets: (See CATO 55-04 for diagrams)

C1 uniform - Full uniform including medals (also called "Ceremonial dress")

C2 uniform - Full uniform ribbons only (also called "full uniform")

C2B uniform - No tunic or tie (also called "summer dress")

C8 uniform - white dress shirt and black bow tie (also called "mess dress")

All orders of dress include wearing the Cadet Parka if an outer coat is required

Civilian Dress day:

All activities conducted in civilian attire must uphold a positive and professional image of the Squadron and the entire Canadian Cadet Movement. Sleepwear is not permitted. Pants should be worn on the hips or waist using a belt or suspenders if necessary.

Sports attire:

- Appropriate t-shirt or sports shirt
- Appropriate track pants or gym shorts
- Appropriate running shoes and socks

Squadron wear:

- Squadron wear golf shirt or similar collared golf shirt/blouse
- Appropriate dress pants (no jeans, no rips or inappropriate slogans)

Other:

- Appropriate shirt (no inappropriate slogans)
- Appropriate pants (no rips or inappropriate slogans)

How to order from supply:

- It is your responsibility to have your uniform parts replaced if there is a problem, whether you notice it, or an NCO or Officer does.
- While you wait for your new uniform part to arrive, you must attend Parade Nights in the recruit uniform as listed above.
- There is a tab in the main menu on the website if you have already received your uniform and there is a problem (something is ripped, broken, frayed, or does not fit).
- Ensure you fill out a new form for each uniform item you require.

Unit Cadet Conflict Management Advisor: (Captain Bilyk)

Every cadet is entitled to a safe environment in which to train. In the event you are having an issue with someone in the unit or even outside cadets and you need someone to speak to, the UCCMA is the Officer in charge of these situations. However, if you are more comfortable with another officer, by all means approach them and they will be discreet and professional while helping you deal with your situation.

Optional training and contacts:

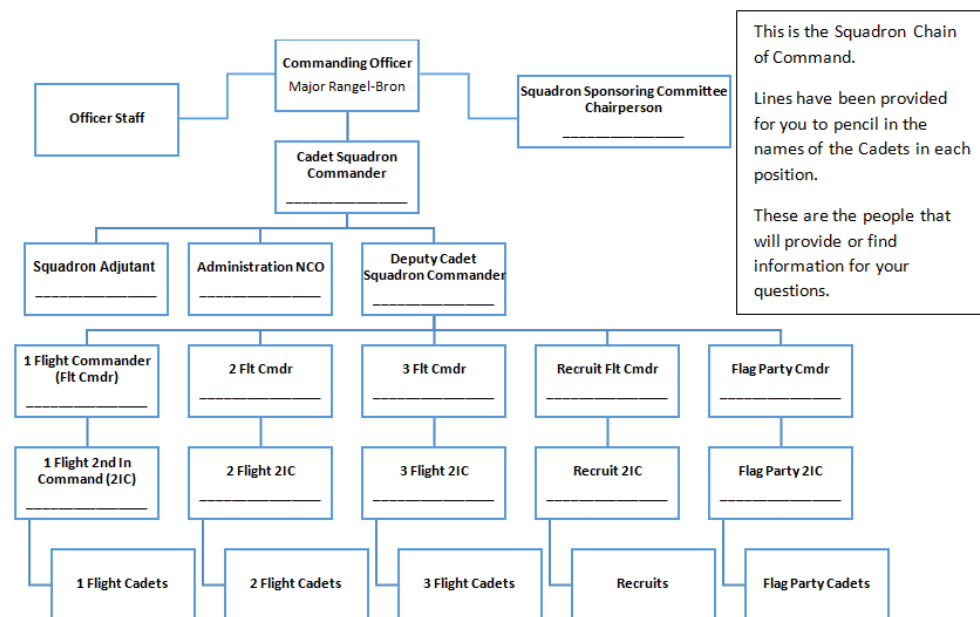
There are some teams and events that are available in addition to regular training. Some of the teams require a tryout or have other requirements. Please speak to the associated contact for more information:

- Santa Claus Parade - Flight Commander
- Flag Party - Flag Party Commander – flagparty@142sqn.ca
- Flying Scholarship Course - CI Norwood – flying@142sqn.ca
- Range - CI Valentine – range@142sqn.ca
- Geocaching - CI Valentine
- General Summer training - CI Valentine – summer@142sqn.ca
- National Course Summer training – Lt Hind-Powell – national@142sqn.ca
- March Break trip - Major Rangel-Bron – marchbreak@142sqn.ca

Training problems/inquiries:

If you feel you are in the incorrect level or are having problems within your level, please speak to the Training Officer, Lieutenant Hind-Powell, on a Thursday evening.

Chain of Command:



*If your Flight 2IC or Flight Commander cannot provide an answer to your question, they will take it to the next level of the chain of command for you and then direct you to the correct place for the information. This means: DO NOT go directly to the Training Officer or CO with a question about your uniform or the schedule.